

## Jaw Pain and Function Questionnaire

**Please check appropriate box (Pain level 0-4)**

A. Jaw Pain Questions	Doesn't Hurt At All (0)	Hurts A Little (1)	Hurts A Lot (2)	Pain Almost Unbearable (3)	Unbearable Without Relief (4)
1. Does it hurt when you open wide or yawn?					
2. Does it hurt when you chew, or use the jaws?					
3. Does it hurt when you are not chewing or using the jaws?					
4. Is your pain worse on waking?					
5. Do you have pain in front of the ears or ear aches?					
6. Do you have jaw muscle (cheek) pain?					
7. Do you have pain in the temples?					
8. Do you have pain or soreness in the teeth?					

B Jaw Function Questions	No(0)	Maybe A Little (1)	Quite A Lot (2)	Almost Always (3)	Always Without Stopping (4)
1. Do your jaw joints make noise so that it bothers you or others?					
2. Do you find it difficult to open your mouth wide?					
3. Does your jaw ever lock closed so you cannot open it?					
4. Does your jaw ever lock open so you cannot close it?					
5. Do you have pain in front of the ears or ear aches?					
6. Do you have a problem with your bite being uncomfortable					

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Jaw/Pain Activity Limitation Scale**

**Please check appropriate box (Pain level 0-4)**

Activity	Doesn't Hurt at all (0)	Hurts a little (1)	Hurts a lot (2)	Almost Unbearable (3)	Unbearable pain prevents activity (4)
Walking					
Eating Soft Food					
Eating Hard Food					
Jaw Opening					
Sleeping					
Chewing					
Swallowing					
Talking					
Pushing and Pulling					
Resting					
Driving					
Dressing					
Sports					
Reading					
Watching TV					
Household Chores					
Gardening					
Employment					

Name: \_\_\_\_\_ Date: \_\_\_\_\_